

Book suggestions for National Healthcare Decisions Day (April 16 annually):

Nonfiction:

Being Mortal by Atul Gawande

The Conversation by Angelo Volandes

We Know How This Ends by Bruce Kramer and Cathy Wurzer

When Breath Becomes Air by Paul Kalanithi

The End of Your Life Book Club by Will Schwalbe

Can't We Talk About Something More Pleasant? By Roz Chast

Knocking on Heaven's Door by Katy Butler

The Complete Eldercare Planner by Joy Loverde

A Bittersweet Season – Caring for our Aging Parents and Ourselves by Jane Gross

Jane Brody's Guide to the Great Beyond by Jane Brody

Handbook for Mortals: Guidance for people facing serious illness by Joanne Lynn, Joan Harrold

Final Victory: Taking charge of the last stages of life by Thomas A. Preston

The Better End: Surviving (and Dying) on Your Own Terms by Dan Morhaim

Final Passages: Positive Choices for the Dying and their Loved Ones by Judith Ahronheim and Doron Weber

Peaceful Dying: the step-by-step guide to preserving your dignity, your choice and your inner peace at the end of life by Daniel R. Tobin

Talking About Death Won't Kill You by Virginia Morris

Good to Go by Jo Myers

The Shift: One Nurse, Twelve Hours, Four Patients' Lives by Therese Brown

The Year of Magical Thinking by Joan Didion

How We Die: Reflections of Life's Final Chapter by Sherwin B. Nuland

Ira Byock, MD:

The Best Care Possible: A physician's Quest to Transform Care Through the End of Life

The End-of-Life Handbook

The Four Things that Matter Most Dying Well

Hard Choices for Loving People by Hank Dunn

Having Your Own Say: Getting the Right Care When It Matters Most edited by Bud Hammes, PHD

It's OK to Die by Monica William-Murphy, MD and Kristen Murphy

Fiction:

Stay With Me by Sandra Rodriguez Barron

Twelve Months by Steven Manchester

Dad by William Wharton

Dying Young by Marti Leimbach

The Fault in Our Stars by John Green