

Things to consider when planning

Here are **some examples of general values** you might consider when making your advance care planning decisions. As you read this list, think about how important each of these are to you, and what additional values your health care directive should include to make your wishes clearly understood.

It's important to me that I

- Have my loved ones around me
- Live as long as possible, regardless of quality of life
- Stay independent
- Prepare my family so there are no arguments, or uncertainty about my wishes
- Am pain-free, even if it makes me sleepy
- Stay mentally alert
- Am given every medical opportunity for improvement
- Am kept clean and comfortable
- Avoid being a burden to others (be sure to define what “burden” means to you)
- Have members of my faith community praying for me
- Can leave money to my family, to charity, or to other designated recipients
- Am not connected to machines which keep my body alive if my mind is gone
- Live my final days at home
- Not be short-of-breath
- Other:
- Other:
- Other: