Book suggestions for National Healthcare Decisions Day (April 16 annually):

**Nonfiction:**

*Being Mortal* by Atul Gawande
*The Conversation* by Angelo Volandes
*We Know How This Ends* by Bruce Kramer and Cathy Wurzer
*When Breath Becomes Air* by Paul Kalanithi
*The End of Your Life Book Club* by Will Schwalbe
*Can’t We Talk About Something More Pleasant?* By Roz Chast
*Knocking on Heaven’s Door* by Katy Butler
*The Complete Eldercare Planner* by Joy Loverde
*A Bittersweet Season – Caring for our Aging Parents and Ourselves* by Jane Gross
*Jane Brody’s Guide to the Great Beyond* by Jane Brody
*Handbook for Mortals: Guidance for people facing serious illness* by Joanne Lynn, Joan Harrold
*Final Victory: Taking charge of the last stages of life* by Thomas A. Preston
*The Better End: Surviving (and Dying) on Your Own Terms* by Dan Morhaim
*Final Passages: Positive Choices for the Dying and their Loved Ones* by Judith Ahronheim and Doron Weber
*Peaceful Dying: the step-by-step guide to preserving your dignity, your choice and your inner peace at the end of life* by Daniel R. Tobin

*Talking About Death Won’t Kill You* by Virginia Morris
*Good to Go* by Jo Myers
*The Shift: One Nurse, Twelve Hours, Four Patients’ Lives* by Therese Brown
*The Year of Magical Thinking* by Joan Didion
*How We Die: Reflections of Life’s Final Chapter* by Sherwin B. Nuland
*Ira Byock, MD: The Best Care Possible: A physician’s Quest to Transform Care Through the End of Life*  
*The End-of-Life Handbook*  
*The Four Things that Matter Most*  
*Dying Well*  

*Hard Choices for Loving People* by Hank Dunn
*Having Your Own Say: Getting the Right Care When It Matters Most* edited by Bud Hammes, PHD
*It’s OK to Die* by Monica William-Murphy, MD and Kristen Murphy

**Fiction:**

*Stay With Me* by Sandra Rodriguez Barron
*Twelve Months* by Steven Manchester
*Dad* by William Wharton
*Dying Young* by Marti Leimbach
*The Fault in Our Stars* by John Green